

*Daydreaming is a powerful tool for Glorious Living by activating your wonder, wellness and wisdom. Use it often.*

### Daydreaming Journey Ideas

You can explore:

- Your glorious life.
- Your wonder-filled life.
- Your wellness-filled life.
- Your wisdom-filled life.
- Playfulness.
- Fulfilment.
- Your emotions.
- Your talents.
- Your ideals.
- Your ideal situation.
- Your ideal relationships.
- Your ideal career.
- Your ideal home.
- Your prosperity.
- Your inner child.
- Your creative side.
- Your creative projects.
- Your expression of source/god/universe.
- Your interconnectedness to all that is.
- Other worlds, such as the seas, other planets or dimensions.

*Your creativity is yearning to flow!*

### Journal Prompts

You can ask yourself:

- What did I daydream about today?
- What did my daydreams make me feel?
- What did my daydreams help me remember?
- What did my daydreams inspire in me?
- What do I want to daydream about?
- What would daydreaming add to my life?
- What prevents me from daydreaming?
- Why do I feel guilty about daydreaming?
- What's in the way of me daydreaming?
- How can I daydream more freely?

*Connect to your inner divine guidance through journaling!*